

OUR MISSION

The mission of Lakeshore Community Services, Inc. is to enhance the ability of persons with mental and physical disabilities to live as independently as possible through the acquisition of skills and utilization of services that promote each individual's self direction, personal worth and value.

LET'S TALK

Our compassionate staff is ready to answer any questions you may have. Call our Intake Specialist today at **814 456.9962** or **814 314.1184**.



Lakeshore Community Services, Inc.

1350 West 26th Street
Erie, PA 16508

814 456.9962 • www.lakeshorecs.org



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**MENTAL HEALTH
PROGRAM**



“Many people who have mental illness experience some level of hopelessness because of their illness or the circumstances of their lives. We operate under the guiding principle that our job is to hold hope for those we serve until they are able to hold it for themselves.”

– Sue Bennett

ABOUT US

Mental Health Program

Lakeshore’s Mental Health Services include Blended Case Management, Mobile Medication Monitoring and Housing Support. We serve approximately 700 adults age 18 and over who have serious and persistent mental illnesses. All programs support individuals by providing flexible, racially and culturally appropriate, consumer-directed services that assure that everyone succeeds in his/her chosen environment, increases his/her independence and in turn maintains a sense of identity, dignity and self-esteem. Our goal is to walk with people through their process of recovery as they seek to achieve a high quality of life. Services are provided throughout Erie County from both our Erie and our Corry offices.

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WHAT WE OFFER

Blended Case Management

Blended Case Managers ensure continuity of care by providing service coordination which includes assisting consumers with treatment planning, developing a system of supports, accessing appropriate mental health and medical services and linking consumers to community services. Case Mangers link individuals to resources that may help them meet their needs in the areas of housing, income and benefits, addiction treatment, social connections and basic living skills. The service operates 24 hours a day, 365 days a year providing after hours on-call availability.

Mobile Medication Monitoring

The goal of the Mobile Medication Monitoring program is to increase consumers’ ability to manage their own medications as independently as possible. Staff assist individuals in ensuring they are taking their medication consistently and safely as prescribed by their doctor. **Medication Monitors** work with individuals in developing knowledge of their medication and medication routine and how to communicate side effects and/or symptoms. Staff provide coaching in methods of organizing medication and communicating with their physicians and pharmacy. The service operates 24 hours a day, 365 days a year providing after hours on-call availability safely as prescribed by their doctor.



Housing Support Management

Housing Support Staff assist individuals in working with landlords to obtain and maintain safe, affordable housing and provide the supports needed to live independently in the community. Staff work with consumers in their homes and in the community to provide coaching and assistance in daily living skills, money and household management, interpersonal skills and relationships, connectedness to natural and community supports and community access. Staff help consumers to develop a plan for wellness and recovery from mental illness utilizing self-help tools and peer support.



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